

AUG 2025

SUN

MON

TUE

WED

THU

FRI

SAT

01

02

SIP & SWIM
6:30PM

03

04

05

06

07

08

09

CHAIR YOGA
4:00 PM

CRAFTS &
CONVO
1:00 PM
WATER
AEROBICS
4:00PM

CHAIR YOGA
4:00 PM

POOL
REFLECTIONS
10:00 AM

WATER
AEROBICS
4:00PM

WATER
AEROBICS
4:00PM

WATER
AEROBICS
4:00PM

SIP & SWIM
6:30PM

10

11

12

13

14

15

16

CHAIR YOGA
4:00 PM

CRAFTS &
CONVO
1:00 PM
WATER
AEROBICS
4:00PM

CHAIR YOGA
4:00 PM

POOL
REFLECTIONS
10:00 AM

WATER
AEROBICS
4:00PM

WATER
AEROBICS
4:00PM

WATER
AEROBICS
4:00PM

SIP & SWIM
6:30PM

17

18

19

20

21

22

23

CHAIR YOGA
4:00 PM

CRAFTS &
CONVO
1:00 PM
WATER
AEROBICS
4:00PM

CHAIR YOGA
4:00 PM

POOL
REFLECTIONS
10:00 AM

WATER
AEROBICS
4:00PM
BOOK CLUB
6:30PM**

WATER
AEROBICS
4:00PM

WATER
AEROBICS
4:00PM

SIP & SWIM
6:30PM

24

25

26

27

28

29

30

CHAIR YOGA
4:00 PM

CRAFTS &
CONVO
1:00 PM
WATER
AEROBICS
4:00PM

CHAIR YOGA
4:00 PM
WATER
AEROBICS
4:00PM
BUNCO 6:30 PM

POOL
REFLECTIONS
10:00 AM

WATER
AEROBICS
4:00PM

WATER
AEROBICS
4:00PM

SIP & SWIM
6:30PM

31

POOL
REFLECTIONS
10:00 AM

**EARLY MORNING WALKING – 7:30 AM – CLUBHOUSE

**BOOK CLUB – 8/18, 6:30PM – PLEASE BRING BOOK SUGGESTIONS FOR 2025-2026.